

ACTIVITIES NEWS

TABLE TENNIS/PING-PONG



Peabody Council on Aging – Activities

Table tennis and ping pong sessions in the Computer Room offer a fantastic opportunity to unwind and engage in some friendly competition. Scheduled on Mondays and Fridays from 1:00-3:00 p.m., these sessions provide a regular chance to improve your skills, meet new people, and enjoy the dynamic pace of the game. Whether you're a seasoned player or a beginner looking to learn, the welcoming atmosphere ensures everyone feels included and has a great time. Participants can expect a lively environment, with plenty of opportunities to practice, play matches, or simply watch and learn from others. Don't miss out on this enjoyable way to break up your day and stay active! Photo Credit: Len Burgess